

HORIZON RIVER VIEWS



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EXECUTIVE AND SUPERVISOR SAFETY LEADERSHIP TRAINING



On April 10th & 11th, several executives and supervisors from various companies attended an Executive and Supervisor Safety Leadership presentation hosted by Signal Mutual Indemnity Association Ltd. The training was held at the Sheraton Suites Philadelphia Airport from approximately 8:30 a.m. to 4:00 p.m. The seminar was designed exclusively for Signal Mutual members only. Executive and Senior Management attendance was mandated in order to promote the importance of safety. Such seminars are scheduled around the United States to accommodate members.

Training was provided by Vice President of Safety, Larry Toepper and Senior Safety Managers, James Sammons and Sam Lai. The first day of training was specifically designed for Senior Management and detailed the leadership activities necessary to effectively reduce accidents, control high workers' com-



Executive Safety Leadership Training held on April 10th. In attendance from Horizon Stevedoring, Inc., (HSI) were Tim Brown, President, along with other Signal members.



Safety Leadership Training held on June 17th. In attendance from HSI were Tim Brown, President, Sharon Bailey, Warehouse Manager, Stevedores; Stanley Kokoszka, Bill Podgurski (Shop Steward), Afredo Florio, Kevin Jackson, Michael Dura and Bruce Slotterback (Shop Steward).

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pensation costs, improve employee morale and increase productivity. The second day of training was geared more toward supervisors and the critical leadership skills they need to preserve a safety and health program that will promote a strong safety culture.

On June 17th & 20th, a similar training was provided by Signal at the Hilton Philadelphia Airport from 8:30 a.m. to 4:00 p.m. These presentations were

SAFETY LEADERSHIP TRAINING (CONTINUED)

also designed to help executives and supervisors have an overview of an effective safety management system, but it was geared more toward the supervisor's critical leadership skills. Topics of the presentation included supervisor's role in safety, incident/near miss investigation and cause analysis, inspections and observations, and presentation and



communication skills. The training was provided by Vice President of Safety, Michael Crucefix, and Signal's Senior Safety Manager James Sammons.

Pictured left - Safety Leadership Training held on June 20th. In attendance from HSI were Roy DiValerio, Vessel Operations Manager, Charles Engel, Shipping Manager, and Stevedores; Chris Howarth (Chief Shop Steward), Bob McLaughlin, Geno Johnsen, Mike Murphy and Joe Funaro (Shop Steward).

CRANE HAND SIGNAL AND RADIO COMMUNICATION TRAINING

On May 14th, Roy DiValerio, Vessel Operations Manager, Horizon Stevedoring, Inc., conducted a two hour internal training session to review crane hand signals and radio communication. Hand signals are the preferred and most commonly used method of communicating with a crane operator. Crane operators rely on their line of vision and on signals or directions from employees on the ship and on the ground below to guide them in their lifts. All crane operators should be familiar with an established code of signals and use a signaler.



In attendance for the training were all crane operators, vessel team leaders and any vessel personnel who work directly with crane operators. The session included a review of an established code of signals, when to use crane hand signals, who can be a signal person, responsibilities of a signal person, radio signals and radio signal do's and don'ts. The first hour of classwork involved a review with hand outs and a question and answer session, followed by a one hour hands-on training.

(Pictured left)

FIRE EXTINGUISHER TRAINING

On May 31, 2013, members of the Emergency Response Team located on the port facilities, along with various employees, participated in the annual Fire Extinguisher and Fire Safety training held by Ernie McKenna, Health and Safety Specialist, from Cintas Corporation. The

training consisted of fire prevention techniques, how to calmly deal with fires, fire extinguisher maintenance, and proper selection of and how to correctly use a fire extinguisher. The course included hands-on fire extinguisher training utilizing a laser powered system that simulates all types

of fires. Each participant practiced extinguishing a fire using a training fire extinguisher. The system has sensors that indicate whether the fire is correctly being extinguished and will extinguish ONLY if correctly done.

(See photos next page)

Comments? Suggestions?

This is your *Horizon River Views!* If you have ideas for future articles or information you'd like to see included, please let us know. To submit ideas or suggestions, please contact Sharon Bailey at sharon.bailey@pennco.com



Pictured Left - Front (L-R) Roy DiValerio, Vessel Operations Manager, Horizon Stevedoring, Inc., (HSI), Mike Brennan, Mechanic/Gear Man, J.H. Stevedoring, Inc., Tony Guercio, Warehouseman, PENN Warehousing & Distribution, Inc., (PWD), Shanna Gattuso, Executive Assistant, PWD, Jim Matijisaitis, Leadman, PWD, & Ernie McKenna, Health and Safety Specialist, Cintas Corporation. Rear (L-R) Brian McCabe, Leadman, PWD, Chris Howarth, Chief Shop Steward, HSI, Bill Collins, Leadman, PWD, Brian Smith, Terminal Manager, PWD, Chrissy Bruno, General Manager, Creative Leasing, Inc. & Bill Podgurski, Shop Steward, HSI. Not pictured, Donna Lasch, Administrative Assistant, PWD & Fran Smith, Terminal Manager, PWD. Pictured right - Roy DiValerio, Vessel Operations Manager, HSI, practicing extinguishing the simulated fire during the Cintas training.

FEATURED EMPLOYEE: BRUCE HORNUNG

Job Title: Stevedore
Nickname: The Good Bruce
Birth Date: October 25th
Current Hometown: Philadelphia, PA
Spouse: Carol
Favorite Hobby: Movies
All Time Favorite Music: Rock 'n' Roll
All Time Favorite Movie: Superman
Currently in CD Player: Guns & Roses



Last Book Read: Jurassic Park
Favorite Food: Italian
Favorite Vacation Spot: The Shore
Favorite Sports Team: Eagles
If I Won the Powerball Lottery I Would.... Have nothing but fun
If I Wasn't Working at Horizon I'd be... A rocket scientist
Life Motto: Just make it to the other side



EMPLOYEE BIRTHDAYS

April: Keith Johnson, Demond May & Bill Podgurski

May: Alfredo Florio, Joe Gerretz, Mike Murphy, Lucas Santecroce & Christopher Shaffer

June: Sam Dickenson, John Donohue, Joe Funaro, Don Hinton, Mike Relvas & Mike Vischoric

MESSAGE FROM THE UNION

THE NATIONAL ASSOCIATION of Construction Boilermaker Employers (NACBE) presented its annual safety awards to the 2012 top-performing locals from the Boilermakers' four U.S. vice-presidential sections March 4, during the Construction Sector Operations conference held at Marco Island, Fla.

Local 69 (Little Rock, Ark.), representing the Southeast section, took national honors with zero lost-time accidents, zero compensable injuries, and zero OSHA-recordable injuries. L-69 BM-ST Rodney Allison accepted the award.

The three other lodges finishing first in their sections included Northeast Local 237 (East Hartford, Conn.),

Mark Pinard, BM-ST; Great Lakes Local 105 (Piketon, Ohio), Van Stephens, BM-ST; and Western States Local 4 (Page, Ariz.), Casey Tibbs, BM-ST.

NACBE Executive Director John Erickson said the safety index covered over 60 percent of all construction Boilermaker man-hours worked in 2012. For the first time in its history, the index showed the overall OSHA recordable rate dropped below 2.0, to 1.97.

"That's the number owners ask us about the most," Erickson said.

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PROTECT YOURSELF FROM HEAT STRESS

Exposure to heat can cause illness and death. The most serious heat illness is heat stroke. Other heat illness, such as heat exhaustion, heat cramps and heat rash should also be avoided. Take Precautions any time temperatures are high and the job involves physical work.

Risk Factors for Heat Illness

- High temperature and humidity, direct sun exposure, no breeze or wind
- Low liquid intake
- Heavy physical labor
- Waterproof clothing
- No recent exposure to hot work-places

How You Can Protect Yourself and Others

- Know signs/symptoms of heat illnesses; monitor yourself; use a buddy system
- Block out direct sun and other heat sources
- Drink plenty of fluids. Drink often and BEFORE you are thirsty. Drink water every 15 minutes.
- Avoid beverages containing alcohol or caffeine.
- Wear lightweight, light colored, loose-fitting clothes.

Symptoms of Heat Exhaustion

- Headache, dizziness, or fainting
- Weakness or wet skin
- Irritability or confusion
- Thirst, nausea, or vomiting

Symptoms of Heat Stroke

- May be confused, unable to think clearly, pass out, collapse, or have seizures (fits)
- May stop sweating

What to do When a Person is Ill from the Heat

- Call a supervisor for help. If the supervisor is not available, call 911
- Have someone stay with the worker until help arrives
- Move the worker to a cooler/shaded area
- Remove outer clothing
- Fan and mist the worker with water; apply ice (ice bags or ice towels)
- Provide cool drinking water, if able to drink

IF THE PERSON IS NOT ALERT or seems confused, this may be a heat stroke. CALL 911 IMMEDIATELY and apply ice as soon as possible.

Information taken from OSHA Quick Card

HERE'S A HEAT SAFETY FACT!

WATER, REST, SHADE

THE WORK CAN'T GET DONE WITHOUT THEM